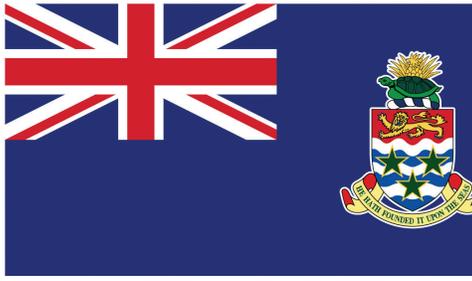


2016

Cayman Islands Olympic Team



Follow Our Progress!

The Cayman Islands Olympic Committee will update supporters on the progress of #TeamCayman live from Rio while our athletes are competing.

Don't miss out on the opportunity to hear updates first and foremost from the CIOC.

Good luck, team Cayman!



Log onto our website for up to date team news:
www.caymanolympic.org.ky

Like us on Facebook by going to www.facebook.com/CaymanIslandsOlympicCommittee

Welcome to the online world of the Cayman Islands Olympic Committee (CIOC)

The CIOC selects, organizes and sends national teams to represent the Cayman Islands at the Olympic Games; assists the member associations in sport development; and promotes Olympic sports in the Cayman Islands.

The Cayman Islands Olympic Committee was founded in 1973 and was recognized as the national Olympic Committee in 1976. From the beginning as a fledgling association, undertaking but developed to a body representative of 22 member-sports, with significant undertakings.

FIND OUT MORE

COMMONWEALTH GAMES

The Commonwealth Games is an international, multi-sport event involving athletes from the Commonwealth of Nations. The event was first held in 1930 and has taken place every four years ever since (except 1942 and 1946 which were cancelled).

[Find Out More...](#)

PAN-AMERICAN GAMES

The Pan-American Games is a major event in the Americas and formerly winter sports. Athletes from all nations participate in the competition.

[Find Out More...](#)



Cayman Islands Olympic Committee (CIOC)

@CaymanIslandsOlympicCommittee

Home About Photos Likes More

Community

Search for posts on this Page

Very responsive to messages

7,480 people like this

Invite friends to like this Page

ABOUT

Supporting Cayman Islands sporting organizations in achieving sustained levels of competitive excellence and preserving the Olympic ideals while inspiring...

Status Photo / Video

Write something on this Page...

Cayman Islands Olympic Committee (CIOC) added 6 new photos. June 29 at 11:21am

Cayman Swimming also helped us to celebrate #OlympicDay on Saturday with a few fun relays!





From left: Dion Brandon (Administrative Assistant), Carson Ebanks MBE, JP (Secretary General), Lori Powell (Vice President), Donald McLean (President), Bernie Bush (Treasurer), Jennifer Powell (Chief Operating Officer)

PHOTO BY TESLA OVIEDO

WELCOME!

The Cayman Islands Olympic Committee, CIOC, is extremely pleased to endorse and support the 2016 Olympics athletes. We offer a hearty welcome to all of the sponsors, supporters and spectators

This is always a very exciting time as we reunite once again to celebrate our successes and those of our sportsmen and sportswomen, who continue to take great pleasure in the opportunities that hard work and passion have provided.

We are particularly optimistic that all our sportsmen and sportswomen who will travel to Rio in August will do their best and worthily represent the Cayman Islands, offering moments of national pride to our people.

We congratulate them for all of the hard work and dedication that has gone into to the development of the athletes; we acknowledge and applaud the commitment that takes place behind the scenes — efforts from coaches, family, friends, training partners, Corporate sponsors, Government and a legion of volunteers.

On behalf of the CIOC we wish all of the athletes the best of luck as they excel on the world stage to bring the much-desired distinction.

At time of going to press, Ronald, Kemar and Florence were confirmed participants. We anticipate that Lara and Geoffrey Butler will be accredited and prepared our content accordingly. **Please note:** The CIOC office will be closed from July 25 through August 26.

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**Cayman Islands
Yellow Pages®**

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A word for our



I am extremely proud of our athletes who are representing the Cayman Islands in the 2016 Summer Olympics, officially known as the Games of the XXXI Olympiad, but also known as Rio 2016.

These Olympics will see record numbers of countries traveling to Rio de Janeiro, Brazil. Our participants will join more than 10,500 athletes from 206 National Olympic Committees, including first-time entrants Kosovo and South Sudan. The Cayman Islands first participated in the Olympics at the 1976 Montreal Games and have been to all Games except for the 1980 Games that were boycotted by the United Kingdom and other countries.

The Rio Games will feature 28 Olympic sports and 306 sets of medals. The sporting events will take place at 33 venues in the host city and at five venues in the cities of Sao Paulo, Belo Horizonte, Salvador, Brasilia and Manaus.

As a cyclist, I fully appreciate the dedication, determination and commitment that our Olympians undergo daily. They have trained hard and have earned the right to be truly called Olympians. I know that they will each be excellent ambassadors of the Cayman Islands and represent our people proudly.

I am also sure that all of us back home in the Cayman Islands will be watching our televisions and computers, cheering as our athletes work to fulfil their dreams at Rio 2016.



To each of our Olympic athletes I wish you God speed and good luck this summer. I and your fellow countrymen appreciate all you have done to reach this milestone in your lives.

**Hon Alden M McLaughlin Jr MBE JP MLA
Premier of the Cayman Islands**



I am proud of your achievement in reaching the Rio 2016 Olympic Games. This is an outstanding accomplishment and I look forward to watching you representing the Cayman Islands at the highest level.

Nothing has more power to inspire young people than seeing athletes competing at the peak of their sport, and I thank you for encouraging our young people with stories of success and perseverance. I know that as you are putting in the long and difficult hours to perfect your performance, and, as you are competing in Rio, it might be hard to truly appreciate the impact that your performances will be having here at home. You are an inspiration and I am behind you every step of the way as ambassadors for both your sport and your country.

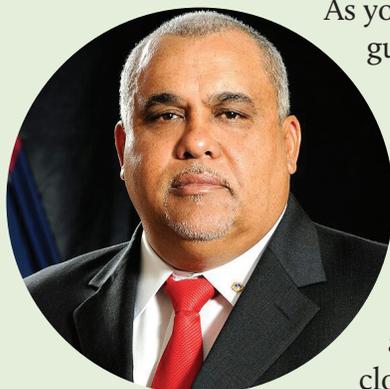
I wish you every success and the very best of luck.

I will be cheering on each of you over these next few weeks and I look forward to both celebrating your hard work and success and to welcoming you home very soon.

**HE Helen Kilpatrick CB,
Governor of the Cayman Islands**

athletes

I would like to congratulate the outstanding athletes who are taking the name of the Cayman Islands to the 2016 Olympic Games.



As you will see in this commemorative guide, we have a small, dynamic group of young people; who represent the Olympic spirit of excellence, as well as the best of our sporting community.

The Ministry of Sports does much to maintain professional and recreational sport in our Islands, working closely with sporting associations, including the Cayman Islands Olympic Committee, to develop and support our athletes.

The Government is proud to have provided facilities and coaching which fostered the development of these outstanding young athletes. In turn, they have proven themselves in various disciplines on the world stage, and we steadfastly look forward to seeing the promise of their excellence fulfilled in August.

Our Olympians are also beacons of inspiration to the many young people in their communities and districts. In addition to their sporting prowess and accomplishments, they live healthy, productive lifestyles and are also well educated, qualified and engaged in various social activities.

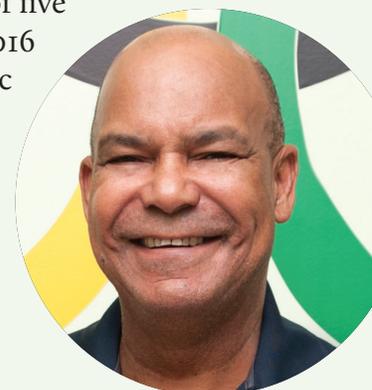
I applaud the coaches, relatives and fans who have enabled their positive development over the years.

Finally, as this is the 40th anniversary of the Cayman Islands' participation in these world sports, I must add that all our Olympians have served as stalwart members of the community, and have made — and are making — outstanding contributions in sport as well as in private and public life.

From the Ministry responsible for Sports, and on behalf of the people of the Cayman Islands, congratulations and Godspeed to you all!

Hon. Osbourne Bodden, JP Minister for Sport

The Cayman Islands Olympic Committee is very pleased to be sending a team of five athletes to the 2016 Summer Olympic Games in Rio de Janeiro, Brazil. The Cayman Islands will be represented in Athletics, Sailing and Swimming.



All of the athletes have competed at a very high level in their efforts to qualify or be invited to the Games. In a lot of cases these athletes have set national records and have attended World Championships in their efforts to attain their dreams of becoming Olympians. Three of the athletes will be attending the Olympics for the first time.

The Cayman Islands Olympic Committee wishes to congratulate these athletes for all of their hard work and dedication. It is indeed an honour to be selected to represent your country at the international level, especially the Olympics. All of the Cayman Islands will be able to see the Cayman Islands Olympic Team march into the stadium during the Opening Ceremony in its entirety for the first time.

Additionally, all of the athletes' competitions will be broadcast locally for the first time. The Caribbean Association of National Olympic Committees (CANOC) have been awarded the broadcast rights to the Rio 2016 Olympic Games and special emphasis will be placed on showcasing Caribbean Olympic athletes in their respective countries.

**Donald McLean,
President of the Cayman Islands
Olympic Committee**



KEMAR HYMAN

Track and Field – Sprinter

**CAYMAN'S
OLYMPIANS
HEADING
TO RIO**

How old were you when you discovered your gift of speed?

I discovered my gift about the age of five at a very small school called Truth For Youth. This was a private Institution at the time, located close to where I lived. Going through the Institution molded me and made me the person I am today. Back then the elementary school did not have a turf track, but the school governing body found creative ways to make the best of our school resources to host sports events on the grass field. Despite the grassy conditions, I still managed to win every race I took part in! That was when I realised that something great can come from this sport someday.

Who was your biggest influence encouraging you to focus on sprinting?

My biggest influence to sprinting was coach Kenrick Williams. I was referred to him by a mutual friend, who pointed out to him that I was a very talented athlete. I am very blessed to say I've been around

the right people to guide me on the road to great accomplishments in my life.

What was it like to participate in the 2012 London Summer Olympics?

The words "2012 London Summer Olympics" cannot explain how exciting

the Games were. Not many individuals can say that they have qualified well over the standards set by the track and field governing body, but competing with the best at that point in time was a great accomplishment. Not only did I compete, but I also made history running sub 10 seconds in the 100m dash.

Which countries have you visited while representing the Cayman Islands at championships?

I have competed on all continents except Australia, and Antarctica. All in all, I enjoy traveling and experiencing different cultures, but on the flip side, I don't like flying for long durations.

Who inspires you and why?

My family inspires me all the way through because without them being there to support me every step of the way, it would be very hard to accomplish what I have accomplished in life. Having a family foundation plays a vital role in my success.

What is your biggest sports achievement to date?

Semi finalist in the 100m dash at the 2012 London Olympics Games, being given the privilege to carry my country flag at the opening and close ceremony at the 2012 Olympics (flag bearer), and being a part of history to have ran a sub 10 seconds 100m dash was one of the greatest achievements of all time.

What is your most significant personal achievement to date?

The most significant personal achievement was graduating from Florida State University with an Economics Degree. In today's workforce we have a lot of competition and few jobs that are available for individuals coming out of school. Having a degree is definitely a must in our society today, sports don't last forever.

What are you looking forward to in Brazil?

I'm definitely looking forward to being competitive and making it through the rounds then into the finals which would place me in good position to receiving a medal.

At 26, what are your future sports career goals?

My future sports career goals would definitely be to show something for all my hard work, which would be obtaining a medal at the World Championship Games, and Olympic Games.

What is your best advice for youngsters who are keen to become athletes?

There's no way around success. The only way to succeed is hard work, dedication, motivation, and perseverance. Once you register those elements in your life, then you just figured out the first step toward your goals.



PHOTOS SUPPLIED BY CIOC



RONALD FORBES

Track and Field —
Hurdler

**CAYMAN'S
OLYMPIANS
HEADING
TO RIO**

What age were you when you first discovered your love for athletics?

I've always loved athletics and sport in general but I could say that at the age of 13 is when I first discovered a love for the sport of Track and Field.

Who introduced you to hurdling?

It was coach Kenrick Williams that introduced me to the hurdles but I started track and field as a shot put and discus thrower in 1998 after taking up a dare during a P.E. class 1997!

What does it take to stay in top physical fitness?

It takes a tremendous amount of dedication for one to get and keep in shape. Constant evaluation on what you are doing throughout a training period and finding the small ways to keep improving and honing your skills. Nutrition, diet, rest, strength training are just some of the many aspects of what needs to be constantly monitored and improved to keep in shape.

What was it like to compete in the 2008 Beijing Olympics and 2012 London Summer Olympics?

Competing in the 2008 and the 2012 Olympics were very memorable moments for me. Beijing 2008 was one of my proudest moments in life so far. Before then my objectives, concerning track and field, were to earn a scholarship

and become hopefully one day an all American in the NCAA. When you walk into the stadium on competition day you get the feeling that your life serves a much greater purpose to the people of your respective country.

Which countries have you visited while representing the Cayman Islands at championships?

I've competed in many championships in various countries so far. A list of some those would be

- Melbourne Australia, Commonwealth Games 2006
- Beijing China, Olympics 2008
- Doha Qatar, World Indoor Championships 2010
- Delhi India, Commonwealth Games 2010
- Daegu South Korea, World Outdoor Championships 2011.
- Istanbul Turkey, World Indoor Championships 2012
- London England, 2012 Olympics
- Glasgow Scotland Commonwealth Games, 2014
- Canada, Pan Am Games 2015
- Beijing China, 2015 World Championships

How does it feel that you are now considered an inspiration to young athletes?

It's a very great feeling to know that others see you as someone they aspire to be on and off the track. One of the many things that I am constantly aware of is the example I am setting and how others — young and old — will view that example and incorporate it to better their lives. To know that my life serves that purpose is very fulfilling.

What is your most significant personal achievement to date?

I would say making it to the semifinals at the World Outdoor Championships in 2011 in Daegu South Korea. I long for a



PHOTOS SUPPLIED BY CIOC

title at a Major championship.

What are you looking forward to most in Brazil?

I look forward most to competing very hard and continuing to advance through all the rounds and give my “all” in the finals. I want to have that final effort's result worthy of something great.

At 31, what are your future sports career goals?

My future career goals are to achieve a medal worthy finish in a major championship, continue to advance my career in every single facet possible and then diversify and extend those advancements into as many various fields as possible.

What is your best advice for youngsters who are keen to become athletes?

Pursue sport including an external long term interest such as a specific educational training or degree and/or a trade that has longevity. Challenge what seems incapable to many (within reason). Practice the impossible so that when it comes time to do the possible, it's impossible not to do so.



FLORENCE ALLAN

Sailing

**CAYMAN'S
OLYMPIANS
HEADING
TO RIO**

Where are you currently studying?

I am currently studying at Cayman Prep in my final year of A-levels. Next year I will hopefully go on to study Politics, Philosophy and Economics at the University of Exeter

How old were you when you first went sailing?

7

At what age did you start to compete at competitive sailing events?

13

Describe your experience while representing Cayman at the International Sailing Federation in Langkawi, Malaysia in December 2015.

It was an absolutely incredible experience! I met a lot of my old friends again from

previous regattas and clinics, and made many new friends from all over the world. It was great to be at a regatta where there was a variety of different types of boats at the event, as we never really see any other boats except for the laser. The racing was challenging but very rewarding if you were willing to push yourself and your limits, and there were a handful of races that I was quite happy with my performance. It was also a great opportunity for us to compare our skills against some of the world's best youth sailors. I found that I had improved a great amount to previous youth regattas.

Which countries have you visited while participating at events?

Thanks to sailing I have visited the Bahamas, Antigua, America, Canada, Mexico, China, Oman, and Malaysia.

What is your training routine?

My training routine is divided between sailing and strength training through cross-fit. I sail every Tuesday, Thursday, Saturday and frequently race on Sundays. When I am not at the sailing club, I am probably at Crossfit. I go to Crossfit every Monday, Wednesday, Friday and Saturday and find that it has been a great way for me to improve my overall fitness for sailing, since the sport is so physically demanding

How do you stay focused with balancing your training/studies/social life?

It's obviously a challenge when you have so much happening at the same time, however sailing and school are very important to me and I dedicate as much time as I have to towards these things. Everything else is second to that. However I find it much easier to sacrifice my social life for something I'm so passionate about.

Who motivates you?

My coaches — both at crossfit and the sailing club — are incredible motivators that make me want to work really really hard for what I want. My training partner, Pablo, also pushes me well beyond the mental limitations I place on myself both on the water and at the gym. Everything between us is a competition and it makes me push myself to keep up with him.

What are your expectations of participating in the Rio Olympics?

I have no real expectation for myself at the Games since it will be the hardest competition I have yet to compete in. In

Rio, I will compete for more than just the experience of being there, but there will be no expectations of positions or anything. My only goal is to be happy with the decisions I make on the water that day and knowing that I had really fought for every position. I hope that I will not be intimidated by the other sailors that I am surrounded by and try to represent Cayman as best I can.

How are you going to cope with the pressure and nerves at the Olympics?

I don't think there will be too much pressure or nerves at the Games — I expect to be more excited rather than nervous. I also think there will be more nerves in the lead up to the Games, so I will just have to put my all into training to overcome this. Like I said earlier, I would have no real expectations for myself and so I wouldn't put any pressure on myself. I might be a bit nervous that I won't have the same experience in Rio as the other sailors, but I would just treat the sailing as any other regatta that I was competing in.



PHOTOS COURTESY J.WEBSTER



LARA BUTLER

Swimming

CAYMAN'S OLYMPIANS HEADING TO RIO

How old were you when you learned to swim?

4/5 years old

Which is your favourite swim style?

Backstroke

How did it feel to win gold medals at the Carifta Games?

It was a pretty incredible experience, having everyone cheering and ultimately hearing the national anthem being played standing on the podium.

Which countries have you visited while participating at events?

- Youth Olympics Games 2010, Singapore
- World Short Course Championships Dubai and Doha
- World Long Course Championships Russia

- Pan Am Games Guadalajara and Toronto
- Commonwealth Games, Glasgow

Which is your most memorable swimming achievement to date?

Both getting third at BUCS, a university championship meet and being chosen for the Commonwealth Games.

What is your training routine?

MONDAY

5:15-7:30am swimming
6:00-7:00pm spinning

TUESDAY

6:15-8pm swimming

WEDNESDAY

5:15-7:30am swimming
6:00 pm – 5k run

THURSDAY

6:15-8pm swimming

FRIDAY

5:15-7:30am swimming
6:00pm – 5k run

SATURDAY

12:30-2.00 pm swimming

SUNDAY

7:00-8:00 pm insanity

How do you stay focused with balancing your training/studies/ social life?

It is difficult, but with training it does mean that everything gets done based around a time schedule so this keeps me organised, prevents me from procrastinating and keep putting off work, whereas with swimming it keeps me focused. I've learned that a social life is important, so it's vital to make sure I

can maintain being able to hang out with friends and go to parties, but be sensible about how I go about doing things. I make sure that I don't miss out due to swimming commitments — I believe in the phrase “work hard, play hard” as my Mum always said.

Who motivates you?

Ultimately, both my parents and brothers.

What are your expectations of participating in the Rio Olympics?

Achieving the best times I can and being able to make my country proud.

How are you going to cope with the pressure and nerves at the Olympics?

Not focus on everyone around me but focus on my race myself — zone everyone else out.

If you are able to meet Michael Phelps, what would you say to him?

Definitely ask for a selfie!



PHOTOS SUPPLIED BY CIOC



GEOFFREY BUTLER

Swimming

CAYMAN'S OLYMPIANS HEADING TO RIO

Where are you currently studying?

Studying at the University of Edinburgh.

How old were you when you learned to swim?

I was around 3 or 4 when I started swimming on my own.

At what age did you start to compete at competitive swim events?

6

What have been your swimming achievements to date?

I have 9 Carifta medals, 6 Island Games medals and I have competed at the Commonwealth Games and World Championships.

Which countries have you visited while participating at events?

Aruba, Jamaica, Bahamas, Barbados, USA, Russia, Qatar, Holland and the UK.

How did it feel to be awarded the title of CIASA Male Swimmer of the Year 2013?

It was a great feeling which capped off a great year in my swimming career. I was surprised when I received the award as there were some other great male swimmers but I was exceptionally proud.

What is your training routine?

Currently I'm swimming 10 times a

week, gyming twice a week and doing a cardio circuit every week. As I have just finished my exams I'm also playing some squash for added fitness.

How do you stay focused with balancing your training/studies/social life?

The team are really good at allowing you to arrange your sessions around lectures to enable you to get to all of your classes without missing sessions. I try to organise my schedules in advance so I can be social and study too.

Is there sibling rivalry between you and your sister, Lara?

I don't think we have much rivalry in swimming anymore. It was more intense when we were younger but she was always getting more Carifta medals than I was so it was hard to keep up! But today we try to spur the other on because she's great fun to have at competitions.

Who motivates you?

Family and friends have all helped this

year to keep me motivated but most of the motivation I have has come from wanting to go to the Olympics from a young age.

What are your expectations of participating in the Rio Olympics?

I'd like to break the Cayman national record and swim best swims.

How are you going to cope with the pressure and nerves at the Olympics?

I think the pressure and nerves would help me focus and I'd use them to knuckle down everything in my training in preparation for the big day at Rio.

Which Olympics swimming heroes do you hope to meet in Rio?

I would love to meet Michael Phelps. He is the arguably the greatest swimmer of all time and such an incredible athlete. To meet Alia Atkinson again would be fantastic also, as she proves that the Caribbean swimmers can be amongst the best in the world.



PHOTOS SUPPLIED BY CIOC

Follow our Cayman Olympians' quest for glory

As the seasoned Cayman Olympians hang up their racing sneakers or retire their swimming caps, they cherish their memories of competing at the highest level of sportsmanship. However, it's now time to hand over the spot light to the Cayman

Island's freshest and newest sporting talent.

Having proved their personal speed and dedication to their chosen sport, here is some advice offered by Cayman's historic superstar's of swimming, sailing and track & field, to our 2016 Cayman Olympians.



Heather Roffey

Sport: Swimming — 200m Butterfly and 800m Freestyle

When and where competed in Olympics: Athens 2004

Medals achieved (including non Olympics): Gold medalist in the 200 M butterfly at the CAC Games in El Salvador in 2002. Multiple Carifta medalist 1999-2004, holding various Carifta records. Multiple Island Games medalist.

What it personally means to be an Olympian: I am very proud to have represented the Cayman Islands at the Olympic Games, both as an athlete and as Chef de Mission for two Summer Youth Olympic Games. The Olympic Movement is powerful and awe inspiring. I'm grateful for the memories and the friendships formed and hope to be a part of the Olympic Movement for many years to come.

Your message of support for the 2016 Cayman team members: Best wishes to all our Cayman Olympians competing in Rio this summer. Hoping you all have a safe and successful training camp leading up to the Games. Enjoy every moment of the Olympic Games, know that all of Cayman is cheering for you! Be kind to all the volunteers and most importantly, have fun!



Shaune Fraser

Sport: Swimming

When and where competed in Olympics: Athens 2004, Beijing 2008, London 2012

Medals achieved (including non Olympics): Pan American Games: 2 Silver, 1 Bronze; three-time NCAA Div. I Champion

What it personally means to be an Olympian: To have the honour of representing your country at the world's biggest athletic event.

Your message of support for the 2016 Cayman team members: Have fun and enjoy the moment.



Kareem Streete-Thompson

Sport: Track & Field
(100m and long jump)

When and where competed in Olympics: Barcelona 1992, Sydney 2000, Athens 2004

Medals achieved (including non Olympics): 2001 IAAF World Indoor Championships: Silver medal and 2002 Commonwealth Games: Bronze Medal

What it personally

means to be an Olympian: It's an achievement that I will cherish for the rest of my life. I have competed with some of the best athletes on the world's biggest stage and it's a source of immense pride for me.

Your message of support for the 2016 Cayman team members:

We are a small island but we have stood strong alongside the best the world has to offer. Attitude is everything at the highest level. Act like you belong there and you will achieve results beyond your wildest dreams!



Carson Ebanks

Sport: Sailing

When and where competed in Olympics: Ontario 1976, Los Angeles 1984, Atlanta 1996

What it personally means to be an Olympian: It has been a great honour and a wonderful privilege. Among my best and dearest friends I am so blessed to count many Olympians. Competing in sports teaches

one determination to strive and compete and never give up, never give up! Plus fair play, to compete fiercely while always respecting and abiding by the rules, spirit and letter of the laws.

Your message of support for the 2016 Cayman team members:

I guarantee that once you join the Olympic family, your life will be irrevocably changed. You will apply your efforts to every endeavour in a Herculean manner, and you will overcome life's challenges. Enjoy the Games and revel in the new experiences; treasure your friends, thank and love your biological family and embrace your new Olympic family. *Once an Olympian always an Olympian.*

CAYMAN'S OLYMPIC TEAMS SINCE 1976

- | | | | |
|-------------|---|-------------|---|
| 1976 | <i>Sailing</i>
Carson Ebanks
Gerald Kirkconnell
Peter Milburn | 1996 | <i>Athletics</i>
Cydonie Mothersill

<i>Cycling</i>
Stefan Baraud

<i>Sailing</i>
Mark Clarke
Alun Davies
Carson Ebanks
David Grogono
Donald McLean
John Michael Stafford
Michael Joseph |
| 1984 | <i>Cycling</i>
David Dibben
Alfred Ebanks
Craig Merren
Earnest Moodie
Merylyn Phillips
Alden Wint

<i>Sailing</i>
John Bodden
Carson Ebanks
Tim Marsh | 2000 | <i>Athletics</i>
Cydonie Mothersill
Kareem Streete-Thompson

<i>Sailing</i>
Tomeaka McTaggart |
| 1988 | <i>Athletics</i>
Michelle Bush
Paul Hurlston

<i>Cycling</i>
Nick Baker
Alfred Ebanks
Craig Merren
Mitchell Smith
Perri Merren
Richard Pascal | 2004 | <i>Athletics</i>
Cydonie Mothersill
Kareem Streete-Thompson

<i>Swimming</i>
Shaune Fraser
Andrew MacKay
Heather Roffey |
| 1992 | <i>Athletics</i>
Kareem Streete-Thompson

<i>Cycling</i>
Stefan Baraud
Dennis Brooks
Tim Byrne
Don Campbell
Alfred Ebanks
Michael Hundt
Craig Merren
Mitchell Smith

<i>Sailing</i>
John Bodden
Mark Clarke
Tim Marsh | 2008 | <i>Athletics</i>
Cydonie Mothersill
Ronald Forbes

<i>Swimming</i>
Shaune Fraser
Brett Fraser |
| | | 2012 | <i>Athletics</i>
Cydonie Mothersill
Kemar Hyman
Ronald Forbes

<i>Swimming</i>
Shaune Fraser
Brett Fraser |



The OlymPIN Spirit!

The Olympic pin tradition began with small cardboard badges worn by athletes and officials at the first modern Olympics in 1896; trading them was an early gesture of goodwill between competing nationalities. Nowadays it's a tradition for not only athletes but also for fans, in fact, it's like a sport itself that's growing amongst spectators. It is usually the goal to collect pins from each country that is represented at the Olympic Games.

Tens of millions of them are sold at each Olympic Games, while the tradition of swapping and gifting pins creates personal connections between people of different origins. About 800 models are expected to be sold, swapped and gifted at first stage of the Olympic Games in Rio, South America.

Some countries choose to use the same pin each time, while others like the Cayman Islands, create a new unique pin for each Olympic Games that they participate in. Various Caymanian artists design each pin; the artists submit their work to the Cayman Islands Olympic Committee (CIOC) for consideration and have the chance for their piece to represent their country. This year's Cayman Islands' pin is a former design that has been resurrected — the turtle designed by Wray Banker for the 1996 Olympics proved to be so popular that the CIOC has decided to re-use it for Rio.

Pins are generally manufactured in limited numbered editions and those with the smallest quantities, or from the earliest Olympic Games, are typically





Purchasing Information

Pins are KYD5.00 if purchased locally. They are USD10.00 plus the cost of shipping if you are ordering from overseas. If you are buying more than 25 pins, contact us about a discounted rate.

Cay-Fan T-Shirts are KYD25.00 or USD30.00. Cay-Fan Hats are KYD10.00 or USD12.50.

You can purchase Cayman Islands 2016 pins by stopping by our office or by placing an order by email or over the phone and we will ship it to you for an additional cost.

EMAIL: noc@ caymanolympic.org.ky

PHONE: 345 9466984

ADDRESS: #6 Windward Centre, 93 Smith Rd; George Town, Grand Cayman, Cayman Islands.

PLEASE NOTE: The CIOC office will be closed from July 25 through August 26.

most desirable. With the small batch numbers and number of athletes at each Olympic Games, it is difficult to track down and obtain a Cayman Islands pin. Between their great design and the small number produced, the Cayman Islands pins are always one of the most highly sought after pin.

Purchasing a pin assists the athletes in more ways than one. Not only do you support the Cayman Islands National Athletes by wearing and sharing the pins, but all proceeds go directly into the "Fundraising account", which is used specifically for direct athlete funding. This money helps with their training and competition expenses including, but not limited to, airfares, accommodations, and gear and competition fees.

PHOTOS BY TESLA OVIEDO



Event schedule

Whether you are watching from the comfort of your sofa at home or at the local pub, be sure to make note of the times of the Cayman athletes' races. Check local TV listings on a daily basis to learn which events will be covered, and in case of schedule changes.

Scheduled competition times for Cayman Islands athletes

FLORENCE ALLAN, Sailing
Women's Laser Radial One
Person Dinghy

- **August 8th 11:15am**
- **August 9th 11:05am**
- **August 10th 3:15pm**
- **August 13th 11:00am**
- **MEDAL RACE** August 15th 11:05am

KEMAR HYMAN – 100m

- **PRELIMS** August 13th 7:30am
- **ROUND 1** August 13th 10:00am
- **SEMI-FINALS** August 14th 7:00pm
- **FINAL** August 14th 8:25pm

RONALD FORBES –

- 110m Hurdles
- **ROUND 1** August 15th, 6:40pm
- **SEMI-FINAL** August 16th 6:40pm
- **FINAL** August 16th 8:45pm

LARA BUTLER –

- 100m Backstroke
- **HEATS** August 7th, afternoon
- **SEMI-FINALS** August 7th, evening
- **FINAL** August 8, evening

GEOFFREY BUTLER –

- 1500m Backstroke
- **HEATS** August 12th, afternoon
- **FINAL** August 13th, evening

Thursday 4 AUGUST
FOOTBALL

Friday 5 AUGUST
6:00
Opening Ceremony

Saturday 6 AUGUST

ARCHERY
BASKETBALL
BEACH VOLLEYBALL
BOXING
CYCLING
EQUESTRIAN
FENCING
GYMNASTICS
HANDBALL
HOCKEY
JUDO
ROWING
RUGBY
SHOOTING
SWIMMING
TABLE TENNIS
TENNIS
VOLLEYBALL
WATER POLO
WEIGHTLIFTING

Sunday 7 AUGUST

ARCHERY
BASKETBALL
BEACH VOLLEYBALL
BOXING
CANOE
CYCLING
DIVING
EQUESTRIAN
FENCING
GYMNASTICS
HANDBALL
HOCKEY
JUDO
ROWING
RUGBY
SHOOTING
SWIMMING
TABLE TENNIS
TENNIS
VOLLEYBALL
WEIGHTLIFTING

Monday 8 August

ARCHERY
BASKETBALL
BEACH VOLLEYBALL
BOXING
CANOE
DIVING
EQUESTRIAN
FENCING
GYMNASTICS
HANDBALL
HOCKEY
JUDO
ROWING
RUGBY
SAILING
SHOOTING
SWIMMING
TABLE TENNIS
TENNIS
VOLLEYBALL
WATER POLO
WEIGHTLIFTING

Tuesday 9 AUGUST

ARCHERY
BASKETBALL
BEACH VOLLEYBALL
BOXING
CANOE
DIVING
EQUESTRIAN
FENCING
GYMNASTICS
HANDBALL
HOCKEY
JUDO
ROWING
RUGBY
SAILING
SHOOTING
SWIMMING
TABLE TENNIS
TENNIS
VOLLEYBALL
WATER POLO
WEIGHTLIFTING

Wednesday 10 AUGUST

ARCHERY
BASKETBALL
BEACH VOLLEYBALL
BOXING
CANOE
CYCLING
DIVING
EQUESTRIAN
FENCING
GYMNASTICS
HANDBALL
HOCKEY
JUDO
ROWING
RUGBY
SAILING
SHOOTING
SWIMMING
TABLE TENNIS
TENNIS
VOLLEYBALL
WATER POLO
WEIGHTLIFTING

Thursday 11 AUGUST

ARCHERY
BADMINTON
BASKETBALL
BEACH VOLLEYBALL
BOXING
CANOE
CYCLING
EQUESTRIAN
FENCING
GOLF
GYMNASTICS
HANDBALL
HOCKEY
JUDO
ROWING
RUGBY
SAILING
SHOOTING
SWIMMING
TABLE TENNIS
TENNIS
VOLLEYBALL
WATER POLO

Friday 12 AUGUST

ARCHERY
ATHLETICS
BADMINTON
BASKETBALL
BEACH VOLLEYBALL
BOXING
CYCLING
DIVING
EQUESTRIAN
FENCING
GOLF
GYMNASTICS
HANDBALL
HOCKEY
JUDO
ROWING
SAILING
SHOOTING
SWIMMING
TABLE TENNIS
TENNIS
VOLLEYBALL
WATER POLO
WEIGHTLIFTING

Saturday 13 AUGUST

ATHLETICS
BADMINTON
BASKETBALL
BEACH VOLLEYBALL
BOXING
CYCLING
DIVING
FENCING
GOLF
GYMNASTICS
HANDBALL
HOCKEY
ROWING
SAILING
SHOOTING
SWIMMING
TABLE TENNIS
TENNIS
VOLLEYBALL
WATER POLO
WEIGHTLIFTING

Sunday 14 AUGUST

ATHLETICS
ATHLETICS–MARATHON
BADMINTON
BASKETBALL
BEACH VOLLEYBALL
BOXING
CYCLING
DIVING
EQUESTRIAN
FENCING
GOLF
GYMNASTICS
HANDBALL
HOCKEY
SAILING
SHOOTING
SYNCHRONIZED SWIMMING
TABLE TENNIS
TENNIS
VOLLEYBALL
WATER POLO
WEIGHTLIFTING
WRESTLING

Monday 15 AUGUST

ATHLETICS
BADMINTON
BASKETBALL
BEACH VOLLEYBALL
BOXING
CANOE
CYCLING
DIVING
EQUESTRIAN
GYMNASTICS
HANDBALL
HOCKEY
MARATHON SWIMMING
SAILING
SYNCHRONIZED SWIMMING
TABLE TENNIS
VOLLEYBALL
WATER POLO
WEIGHTLIFTING
WRESTLING

Tuesday 16 AUGUST

ATHLETICS
BADMINTON
BASKETBALL
BEACH VOLLEYBALL
BOXING
CANOE
CYCLING
DIVING
EQUESTRIAN
GYMNASTICS
HANDBALL
HOCKEY
MARATHON SWIMMING
SAILING
SYNCHRONIZED SWIMMING
TABLE TENNIS
VOLLEYBALL
WATER POLO
WEIGHTLIFTING
WRESTLING

Wednesday 17 AUGUST

ATHLETICS
BADMINTON
BASKETBALL
BEACH VOLLEYBALL
BOXING
CANOE
CYCLING
DIVING
EQUESTRIAN
GOLF
HANDBALL
HOCKEY
SAILING
TABLE TENNIS
TAEKWONDO
VOLLEYBALL
WATER POLO
WRESTLING

Thursday 18 AUGUST

ATHLETICS
BADMINTON
BASKETBALL
BEACH VOLLEYBALL
BOXING
CANOE
CYCLING
DIVING
GOLF
HANDBALL
HOCKEY
MODERN PENTATHLON
SAILING
SYNCHRONIZED SWIMMING
TAEKWONDO
TRIATHLON
VOLLEYBALL
WATER POLO
WRESTLING

Friday 19 AUGUST

ATHLETICS
BADMINTON
BASKETBALL
BOXING
CANOE
CYCLING
DIVING
EQUESTRIAN
GOLF
GYMNASTICS
HANDBALL
HOCKEY
MODERN PENTATHLON
SYNCHRONIZED SWIMMING
TAEKWONDO
VOLLEYBALL
WATER POLO
WRESTLING

Saturday 20 AUGUST

ATHLETICS
BADMINTON
BASKETBALL
BOXING
CANOE
CYCLING
DIVING
GOLF
GYMNASTICS
HANDBALL
MODERN PENTATHLON
TAEKWONDO
TRIATHLON
VOLLEYBALL
WATER POLO
WRESTLING

Sunday 21 AUGUST

ATHLETICS
BASKETBALL
BOXING
CYCLING
GYMNASTICS
HANDBALL
VOLLEYBALL
WRESTLING

6:00

Closing Ceremony

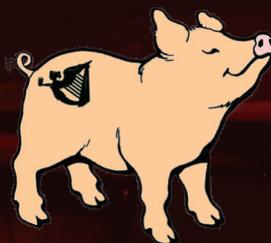
Viewing locations

If you're not going to Rio in person to attend the Olympic Games, then you'll be able to view the sporting events at the following locations while enjoying time with friends, eating a meal and watching the world's finest athletes compete against each other.

Abacus Restaurant & Lounge	45 Market St, Camana Bay, Grand Cayman	623-8282
Billy Bones Pool Bar	West Bay Road, Grand Cayman	943-2663
Bananas Restaurant	Dolphin Centre, Eastern Ave, George Town, Grand Cayman	949-0859
Bar Crudo	55 S Church St, George Town, Grand Cayman	946-9000
Chelsea's Sports Bar	West Shore Center, West Bay Road, Grand Cayman	945-2022
Coconut Joe's	362 West Bay Rd, Grand Cayman	943-5637
Fidel Murphy's Irish Pub & Restaurant	West Bay Road, Grand Cayman	949-5189
Karoo	The Crescent, Camana Bay, Grand Cayman	946-6633
George Town Yacht Club	606 N Sound Rd, George Town, Grand Cayman	947-4892
Da Fish Shack	127 N Church St, George Town, Grand Cayman	947-8126
Lone Star	688 West Bay Road, Grand Cayman	945-5175
Pirate's Den	West Bay Road, Grand Cayman	949-7144
The Attic	Queen's Court Plaza, George Town, Grand Cayman	949-7665
Macabuca	North West Point, West Bay, Grand Cayman	945-5217
Whiskey Mist	Unit 19, The Strand, Seven Mile Beach, George Town, Grand Cayman	323-1669
XQs Pizza, Bar, Grill	233 West Bay Road, Grand Cayman	947-9770
Stingers Restaurant	Comfort Suites, West Bay Road, Grand Cayman	945-3000
South Coast Bar & Grill	2054 Breakers, Grand Cayman	947 2517
Peppers Smokehouse	426 West Bay Road, Grand Cayman	943-3000
Sunshine Grill	Esterly Tibbetts Highway, Grand Cayman	946-5848
Tipsy Turtle Pub	Bert Marson Dr, Cayman Brac	948-1323
Guy Harvey's Island Grill	55 S. South Church Street, George Town, Grand Cayman	946-9000
Hard Rock Café	43 S Church Street, George Town, Grand Cayman	947-2020
The Rivera Bar	South Church St, George Town, Grand Cayman	623-4372
The Grand Palms Restaurant	383 Channel Road, Cayman Brac	948-1323
The Brasserie	Cricket Square, Elgin Ave, George Town, Cayman Islands	945-1815

Watch the Olympics in comfort

Budweiser Bucket Specials during every event, see our fixtures board at fidelmurphys.com for listings.



Fidel Murphy's PUBLIC HOUSE

8am - midnight
197 Queens Court Plaza
SMB, Grand Cayman, Cayman Islands
(345) 949-5189
E-Mail: info@fidelmurphys.com



Win Cayman Islands' Olympic Team 2016 Merchandise

Answer these trivia Olympic questions correctly for your chance to win great prizes

1

- Who were the first Caymanian Olympians?
- What year and city did they participate?
- What sport?

2

What sport in the Cayman Islands has sent the most athletes to the Olympic Games?

3

- What year did Cayman send its first female athlete?
- What was her name and sport?

Submit your answers at caymanolympic.org.ky



PHOTOS BY TESLA OVIEDO



DEADLINE TO ENTER: Midnight on Wednesday, 31st August, 2016
Terms and conditions apply, please see www.caymanolympic.org.ky



PHOTOS BY JADE WEBSTER

Olympic Day 5k Run / Walk — fun for everyone!

The 2016 Olympic Day 5k Run/Walk took place at the Truman Bodden Sports Complex on Saturday June 25th at 7am.

The Olympic Day 5K is a favourite for runners, joggers and walkers. It's a fun family-oriented 5k, enjoyed by all ages and abilities.

